

GO THE EXTRA MILE

Seven Australians will take their lives today, and many of those will be teenagers. The WHO* ranked Australia 3rd in the world for youth suicide amongst males - this is a staggering, national tragedy.

Go the Extra Mile has chosen to partner with Focus on the Family Australia in a bid to turn the tide of this issue. We're aiming to raise \$100,000 to assist Focus as they work within churches, schools and community groups all across Australia to bring hope to young people and their families.

So what is Go the Extra Mile?

Go the Extra Mile is an endurance walking challenge based in Melbourne. It covers a 50km course and has been designed for all fitness levels and includes easy walking suburban trails with challenging climbs in and around the picturesque Dandenong mountain range. You can walk all or part of the course or alternatively, form a relay team and share the 50kms with others!

So grab a friend, form a team and register online (teams can have as many members as you like, but must be a minimum of 2).

Issue the challenge and get involved. Walk it. Run it. Either way, you are assured of an unforgettable experience as you join with family and friends to meet the challenge to build hope into struggling Aussie kids.

www.GoTheExtraMile.com.au

See the website for more information, to register or to volunteer.

SAT 5 MAY 2012

Jells Park to Ferny Creek Reserve
Walk 50km - Raise \$200



Australia
FOCUS
ON THE FAMILY



Who is Focus on the Family Australia?

Focus on the Family Australia is a not-for-profit Christian organisation dedicated to solving real life issues and offering relevant, practical support for all members of the family. We tackle the challenging issues of teenage suicide, binge drinking, drugs, pornography, depression, bullying and teenage sexuality head on.

We focus on academic and research excellence and our major programs undergo ongoing validation by independent experts. We concentrate on preventative education to help parents and teens recognise and stop crises before they happen.

As a Christian organisation, we firmly believe that Jesus Christ and his teachings provide the ultimate solution for all the social ills in our nation. As such, we seek to provide programs and resources that are biblically oriented, gospel motivated and Christ focused.

To find out more about **Focus on the Family Australia** go to: www.families.org.au or call 1300 300 361.

Who is Go the Extra Mile?

Go the Extra Mile is a not-for-profit Christian events organisation who support other Christian organisations working both locally and internationally to alleviate injustice, suffering and poverty. It is staffed by people who give their time, skills and resources to help bring a positive change to our world, in Jesus name. In our three years of operation we have raised hundreds of thousands of dollars for charity with much of that money going to meet needs in developing nations. We felt it was time to turn our attention to what is a serious home grown issue - teenage suicide.

Go the Extra Mile has chosen to support **Focus on the Family Australia** and their work within the Australian community including churches, schools and community groups. Their work seeks to address the issues that lead teenagers to contemplate and commit suicide.

100% Tax Deductible

All donated money is used to support the work of **Focus on the Family Australia** and all donations over \$2 are 100% tax deductible. No fundraising money is used for the operation of **Go the Extra Mile**.



Jellis Park

Wantirna Oval (Special Family Pitstop)

Bayswater Oval

Doongalla Station

Ferntree Gully

Ferny Creek Reserve